



the UNIGRAM

Cultivating Resilience

Rev. Seth Carrier-Ladd, Minister

Life is amazingly resilient. Trees will grow over, through and around almost anything - up through rusted out automobiles, around a park bench, or through an old bicycle. Most of us have probably seen one of those sturdy weeds, growing up through a crack in the pavement. Life just has a will about it, a resilience, in the face of almost any obstacle or barrier – even a nuclear bomb. Linda Hogan wrote in her book Dwellings: “In Japan... there were wildflowers that grew in the far, cool region of mountains. The bricks of Hiroshima, down below, were formed of clay from these mountains, and so the walls of the houses and shops held the dormant trumpet flower seeds. But after one group of humans killed another with the explosive power of life’s smallest elements split wide apart, the mountain flowers began to grow. Out of the crumbled, burned buildings they sprouted. Out of destruction and bomb heat and the falling of walls, the seeds opened up and grew. What a horrible beauty, the world going its own way, growing without us. But perhaps this, too, speaks of survival, of hope beyond our time.” We human beings are part of life – we all have that resilience within us.

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Crawling Out of the Funk

Rev. Julia Corbett-Hemeyer, Community Minister

Shortly after we arrived in Florida, I found myself in a funk, oddly enough. The trip down had gone more smoothly than usual, no bad weather nor significant traffic jams. Things were mostly unpacked, and I’d fixed the disorganized mess that I found the kitchen in, at least enough that I could get a meal on the table. Meanwhile, we are within sight and sound of the ocean and breathing lovely salt air. So why the funk?

I still don’t know exactly. But in looking around on the internet to find suggestions for crawling out of a funk, I came across a blog post by a psychotherapist, Alex Lickerman, M.D. Dr. Lickerman describes his own experience of being in a funk this way: “At various

times in my life, I’ve found myself in a state I can only describe as a funk—not depressed, but listless, purposeless, unable to motivate myself and caring about very little. Words like ‘flat,’ empty,’ and ‘disconnected come to mind. It’s not a particularly pleasant state.” Wow! He had described my frame of mind and heart to a T.

Goodness knows there is enough in the air right now to send anyone into a funk. The funk virus is out there and we’re all getting sick. I don’t need to detail the specifics—they range from the intimately personal and the congregational to the global. This item from *USA Today* puts a sharp point on it. “Each year, the Bulletin of the Atomic Scientists, a nonprofit group that sets the [Doomsday] Clock,

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Sunday Mornings at Our Church in the Woods

Service at 10:45 am February Theme :: Resilience

Our theme for the month of February is resilience. In addition to exploring how important it is to have the skills to be able to bounce back in the face of the hardships we inevitably experience in life, we will also devote two special Sundays to our Stewardship drive for this year.

February 2 – **Rev. Elizabeth-Carrier-Ladd**
 February 9, 16 – Stewardship Sundays
 February 23 – **Iris Chalk**

Religious Education for Children & Youth

Classes at 10:45 am

February 2, 9, 23 – Curriculum Sunday
 Join us as we continue our religious exploration!

February 16 – Multigenerational Service
 On this special Sunday, our preschool through fifth grade children will be singing in the service with **Ric Dwenger**.

Adult Religious Exploration Offerings

Our mission statement begins by calling us to a continuing exploration of our faith. In pursuit and support of that goal, we offer our Adult RE on Sunday mornings.

Adult Discussion Group Every Sunday, 9:30 am Red Room	This group is a chance for people with various personal beliefs to get together and openly discuss a variety of topics. You'll find weekly topics listed in the eBlast each Friday.
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Other Monthly Events

There are a variety of regular events on Sunday mornings at UUCM. Be sure to check the calendar for Youth Group meetings, assembling sack lunches for the Soup Kitchen of Muncie, and much, much more... so many opportunities to connect with each other in our beautiful church in the woods!

2019-20 Themes

September – Expectation	February – Resilience
October – Belonging	March – Wisdom
November – Attention	April – Liberation
December – Awe	May – Thresholds
January – Integrity	June – Play

Theme Exploration – Resilience

Selecting a theme for our worship services each month allows us to explore specific important theological topics in greater breadth, while also challenging us to go deeper. If you have a reading, poem, or personal story to share that relates to our current or upcoming theme, please email them to Rev. Seth.

Sacred Text

Our sacred text this month is titled “Waiting for the Fog to Clear” by Mark Nepo. He wrote:

We all have these moments when the rose loses its color for some reason, or the music no longer stirs us, or the sweet, gentle soul across from us no longer seems to soften our heart. To move in and out of meaning is as natural as moving in and out of light because clouds form and dissipate... It reminds me of a man who built a home on a cliff by sea, only to have a month-long fog roll in. He cursed the place and moved away, but a week after he'd gone, the fog cleared. Being human, we all have fogs roll in around our heart, and often, our lives depend on the quiet courage to wait for them to clear.

Questions for Reflection

When do you remember first watching one of your parents act resiliently?

Has someone else's resilience helped you survive?
When did you not give up because they didn't give up?

It is said that resilient people don't just struggle through their pain; they share their stories and hear the stories of others. So is it time for you to be a storyteller, not just a survivor?

Could it be that resilience is asking you to stop wishing things would go back to the way they were?
Is it possible there's no going forward until you let go of the future you planned?

Resources for Going Deeper

Article: *Black Women and the Sacred: With “Lemonade,” Beyoncé Takes Us to Church* by Yolanda Pierce <http://bit.ly/2tUcJ0p>

Video: *Living Beyond Limits*
TED Talk – by Amy Purdy <http://bit.ly/36EOSyP>

Spiritual Practice

List, Share, and Reflect on Your Resiliency Strategies

We are more resilient than we realize. Or maybe it's more accurate to say we have more resiliency tricks up our sleeves than we give ourselves credit for. Over time we all accumulate go to strategies that help us maintain our resilience. The challenge is remembering them. So this month, bring your resiliency tools into greater awareness. Here's how:

1. Carve out some time to make a list of your *TOP FIVE* resiliency practices and habits. Some examples from Soul Matters:

- Getting eight hours of sleep
- Getting *some* exercise every day
- Creating external order – organizing the junk draw, cleaning the fridge, redesigning the workbench in the garage.
- Meditating 3 mornings a week

2. After you list your top 5, think about them more deeply using these questions:

- Which resiliency practice/habit is “saving” you right now?
- Which one have you let slide and need to start doing more of again?
- Which one was given to you by someone else?
- Which one did you discover on your own?
- Which do you need to pass on to someone in your life?

3. Share your list with a family member or close friend. Ask them if they recognize the list as true. Have them offer what they think is missing.

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*The material in this article is sourced directly from our Soul Matters theme packets.*

## Religious Education Corner

*Nadine Tringali*  
*Director of Religious Education*

Reading is such an important part of our lives. We can use our imagination to travel to places all over the world! On **Sunday, January 19**, we honored our youngest readers in grades K-3 in our **Age of Reading Ceremony**. In our annual ceremony, our youth traveled through a special archway and received three books: Unitarian Universalism is a Really Long Name by Jennifer Dant, Patches and the Delightful Dragon Day by our very own **Bill & Katie Frederick**, and a special book from their family. Our participants this year were **Lilly Adams, Mira Carrier-Ladd, Grant Enos, Riley Kaplan, and Emily Mixon**. May reading be a joy throughout your lives! In the words of Dr. Seuss, “the more that you read, the more things you will know. The more that you learn, the more places you’ll go.”

*Nadine*

## Youth Programs

*Rev. Elizabeth Carrier-Ladd*  
*Coordinator of Youth Programming*

### Mark Your Calendars!!

**Youth Group :: 12:30 – 2:00 pm, Violet Room**

February Sundays: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>

March Sundays: 9<sup>th</sup>, 29<sup>th</sup>

### Special Events

*Social Justice CON*

February 14-16, All Souls Indy

*Games and D&D Night*

Friday, March 13, 4 -10 pm

*Join us for a fun night of board games and an epic D&D campaign. Dinner and snacks will also be consumed.*

*Elizabeth*

## February Dedicated Offering – Finding a Better Way

Our February dedicated offering is earmarked for **A Better Way**. Their mission is to reduce domestic abuse, sexual assault and suicides in our community through shelter services, crisis intervention and prevention initiatives.

They do this by providing shelter and services for victims of domestic violence and sexual assault, a walk-in Rape Crisis Center, advocacy, individual trauma-informed counseling, support groups, transitional housing, a 24-hour crisis line for persons in any type of crisis, education + referrals, a suicide hotline, bullying, teen dating violence and domestic violence prevention programs, and a check-in call service for elderly or disabled homebound persons.

In fiscal year 2018-2019 A Better Way housed 168 adults (men and women) and 107 children in their residential shelter. They provided non-residential services to an additional 141 individuals and 37 children. A Better Way also answered 9,736 calls from individual in crisis, including those contemplating suicide.

If you can't be in church February 2 or 9, you can mail your donation to the church office. Please make your check out to UUCM and note “A Better Way” on the memo line. Thank you for your generous gift!

## Splinters from the Board

*Exploring faith. Practicing inclusivity. Living justice.*



### COME TOGETHER :: Love Your Church

Throughout the years, stewardship at UUCM has taken many different forms. There was the Pony Express drive—a ‘saddlebag’ was delivered from house to house, with information and pledge sheets. When completed, a courier picked it up, refilled it, and took it to the next house on the list, hmmm, wearing a cowboy hat? There have been face to face drives with volunteers visiting church folks and talking with them about the importance of giving—this can be awkward for the visitors and visitees, but it has been effective. (Why is it so hard to talk about money?) For a few years there were Saturday night dinners with great food, entertainment and money talk. There were two or three years of lunches; one year a magician entertained the kids while adults listened to the money talk. This year is a reprise of last year’s popular two Sunday spectacular, a true celebration of who we are with inspirational speakers, wonderful music, and a delicious lunch. The dates are February 9<sup>th</sup> and 16<sup>th</sup> and you can find the exciting details from the Stewardship committee in the Unigram and on other church media.

The pledge activity will occur on the 16<sup>th</sup> so this is a good time to start thinking of what you can do and why you should do it. In 2015 the stewardship committee used a color system to help church members decide the amount they could/would pledge. The colors transitioned from red to blue, with suggested pledge ranges for each level. The red group travelled internationally, took big vacations and had great capacity for discretionary spending. The blue group may have been earning minimum wage or living on a fixed income, with basically not

much to spare. Those in the middle groups had kids in college, were supporting other family members, had a fluctuating income, you get the picture. This served as a guideline because most could recognize their individual situation. What it didn’t do so well was to encourage giving above and beyond what seemed possible.

It is easier to say why we love this church: fantastic music, quality religious education for children and teens which now includes OWL, valued friendships, thoughtful adult discussion and covenant groups, social justice activities, opportunities for spiritual growth, excellent support staff, a building that is welcoming and accessible, *but a building that needs much TLC*. Why don’t you make your own list of why this church and community are important to you? Like the Mastercard blurb, some of these items are priceless, but the building, staff, and programs exact a definite cost that must be addressed with set budget items. And this is where the *why* and *how much* come together.

You may say, why should I give to a church that is in conflict? How can I give to a church that gives me bad vibes? **Stewardship is not only fundraising, it is about taking care of what we have, enabling it to grow so it will be here for future generations.** This is what it is all about. We want this church to be here for another one hundred sixty-one years, and another one hundred sixty-one years after that. Ask yourself, what if this church were not here--this church that is such a welcoming community, this church with its strong stance on social justice issues, this church that accepts diversity, both religious and social? Muncie would indeed be a wasteland.

It is with great pride that the UUCM Board of Trustees can tell you that 100% of us are pledging for the 2020-2021 fiscal year. We want this church to always be here and we are spending much extra time this year to make sure that happens. There are many generations on the board: a traditionalist, a baby boomer, Gen Xers, and Millennials. Find a board member who is similar to you with the same commitments/age and ask them why they chose to

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# COME TOGETHER :: Love Your Church

## 2020-21 Stewardship Campaign

Pledge Drive Goal: \$285,000



### OUR ASK

|                                                    | <u>Previous pledge</u> | <u>+ 8% = New pledge</u> |
|----------------------------------------------------|------------------------|--------------------------|
| Can you increase your pledge over last year by 8%? | \$100                  | \$108                    |
| It may be more manageable than you think!          | \$500                  | \$540                    |
|                                                    | \$1000                 | \$1080                   |
|                                                    | \$2500                 | \$2700                   |
|                                                    | \$3500                 | \$3780                   |
|                                                    | \$5000                 | \$5400                   |

### FINANCES / BUDGETS / MONEY

Each facet is VITAL for the maintenance and the well-being of our church. Budgets require ample promises from every member and friend of this church. Help your church to exist, thrive, and grow.

1. Our UUCM budget status is diligently reviewed throughout the year.  
The Finance Committee has recommended an increase for the pledge campaign due to Board priorities and maintenance expenses.
2. Board of Trustees priorities for increased funds:
  - ▶ Cost-of-living increases for three staff (Christie/Nadine/Jim)
  - ▶ Consultant for reconciliation & restorative activities
  - ▶ Interim minister costs salary/moving
3. Do you know the daily cost to operate our church?  
\$5,700 per week / \$800 per day

### TIME / TALENTS / TREASURES

Giving helps us reflect on an astonishing greatness of our community, on what we achieve when we draw strength from one another, and on how we help to shape the future for our church and multigenerational community.

GENEROSITY is a backbone of our community. Giving and pledging are on the side of right. Consider your pledge.

### WHERE ARE YOU IN PLEDGING?

Currently UUCM has 103 pledging households.  
Pledges range from \$10-\$18,000, totaling approximately \$268,000.  
The average pledge is \$2600.  
Most pledges fall between \$500-\$1000.

*In broad categories:*  
51 pledges from \$10-\$1000  
23 pledges from \$1001-\$3000  
15 pledges from \$3001-\$5000  
10 pledges from \$5001-10,000  
4 pledges over \$10,000

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## Cultivating Resilience

**Rev. Seth Carrier-Ladd** (continued from page 1)

And, sometimes finding that place of resilience within can be incredibly challenging. Our culture does not help us – American culture loves to celebrate “pulling yourself up by your bootstraps.” We love stories of the lone heroine or hero overcoming seemingly insurmountable difficulty all on their own. Some of us do seem to be unending founts of resilience, which is wonderful. Resilience can and often does come from within – it also doesn’t only come from within. Resilience, studies have shown, also comes from our connections with others. When we are struggling, when we are having a hard time, we do better when we have supportive people around us to help us through the struggle. And even if you could manage the challenge alone, there’s no one giving out medals for having done it “all by yourself.” One way to cultivate greater resilience in ourselves is by creating and drawing upon connections with others.

Another way to cultivate greater resilience in yourself is by practicing. We all face smaller difficulties in our lives, and how we handle them matters. If we let small setbacks get us down, or if we allow them to cause us to give up – that’s likely to be our response when faced with more significant challenges as well. Some folks who have been called resilient in the face of significant challenges have responded by saying, “I didn’t feel resilient or even particularly hopeful. I was just stubborn and persistent.” Sometimes maybe that’s what resilience looks like – hard-earned persistence. Sometimes there’s truth in the old saying of “fake it until you make it.” Leaning into your resilience doesn’t mean it all feels good – it does often mean doing what needs to be done, regardless of how challenging the circumstances around us are.

Our context also matters – resilience in a 5-year old looks different than in a 25-year old looks, which looks different than in a 75-year old. Author Martha Roggli writes, “At sixty-nine I am certainly not the

youngest in my exercise class, but I’m not the oldest, either. Arriving before eight each morning, we gather in the foyer and lace up our tennis shoes. Over the years my fellow fitness junkies have amazed me. These women are recent cancer survivors; they have osteoporosis; some have had hip, knee, or other bone injuries or replacements. Some have lost a loved one or have an ill spouse... Yet we face each day by challenging our bodies together. We’re not rushing into a burning building, but it is brave to confront this final arc of life with resilience and a sense of humor.” If we judge our own resilience by generic cultural norms and standards, it could appear we’re falling short, and that kind of self-judgment certainly does nothing to increase our resilience. We each have our own set of challenges in life, and comparing to others does little to help and much to harm. Honoring the areas where we are resilient, in our life, can help us build even more resilience for the future.

Given how often in life we encounter difficulties, on a scale both small and large, being able to respond with resiliency is an important skill to have. As we explore February’s theme of Resilience together this month, I hope we can explore not only the ways in which we’re naturally resilient on our own, but also the ways in which we can cultivate resiliency together.

See you in church!

peace, love and blessings,

**Rev. Seth**



## Crawling Out of the Funk

**Rev. Julia Corbett-Hemeyer** [\(continued from page 1\)](#)

decides whether the events of the previous year pushed humanity closer to or further from destruction. The clock ‘conveys how close we are to destroying our civilization with dangerous technologies of our own making,’” according to the group. This year, the clock moved to 100 seconds to midnight.

The world’s closeness to catastrophe is now being expressed in seconds, not hours or even minutes. Rachel Bronson, CEO of the group, pointed out, “It’s the closest to Doomsday we have even been in the history of the Doomsday Clock.” According to the group, three things have contributed to our present dire state: the threat of a “civilization-ending nuclear war,” and “climate change that could devastate the planet,” both compounded by the seeming inability of the institutions that should be doing something about it to act. The third is “cyber-enabled information warfare.” The hyperbolic language of the doomsday clock notwithstanding, there can be no denying the direness of our present situation.

I wish I could write an upbeat paragraph on how we can fix this, but I can’t. What I do know is that getting into a funk doesn’t help. I’m sharing Dr. Lickerman’s suggestions in the hope that some of in our beloved community will find one or more of them useful. He points out that he doesn’t always know the cause of his own funks and writes that sometimes he just must wait it out until it resolves. But he’s discovered a few things over the years that help, at least sometimes:

- Connect with people who call forth constructive energy for you. I’ve often commented that I can walk into church on a Sunday morning feeling low, and leave feeling much better, energized and more positive. I hope that’s true for many of you as well.
- Commit to a goal. Listlessness can be “purposelessness in disguise.” Connect with what gives you a sense of purpose. I realized that I’d been bouncing from one task to the

next without any real schedule, and I function much better with some schedule. Making the beginnings of a real schedule for myself helped. [An excellent service at the UU church we attend here, and dinner with my husband at a delightful local place on the water, really good caprese flatbread and wine didn’t hurt either!]

- Read a book or see a movie that grabs your attention and won’t let go. The book suggestion often works for me. I’ve been able to lose myself in a book ever since I was able to read, and the new perspective always helps. Crossword puzzles do the same thing for me. This carries a whiff of escapism, but sometimes, that’s exactly what’s needed. It’s a mini-vacation.
- Travel, he suggests, can help too. What I’ve discovered is that the length of a trip isn’t as crucial as that it involve something that’s different. Changing our environment, if only temporarily, may change how we feel. Even knowing we have a trip coming up boosts my mood.
- Finally, one option, as he suggests, is to simply wait it out. Sooner or later, life will hand us new challenges that will energize us.

Resilience, the ability to bounce back in the face of harsh adversity or when everyday funks visit us occasionally, is a trait that can be cultivated. The first two suggestions above—connect with people and committing to a goal—are especially relevant to cultivating resilience in the face of recent events in our congregation. And we’re working on ways to do both. I urge all of us to participate in whatever ways we can; even if we don’t feel over-the-top enthusiastic, give it a try. You’ll likely be pleasantly surprised.

**Rev. Julia**



## Splinters from the Board

**Caroline Sullivan** (continued from page 5)

pledge. If you are a younger person also talk to the traditionalist and baby boomer to see how at one time in their lives, they had to make difficult decisions about how the family money was spent. We will not tell you how much we are pledging; we will tell you why we pledge and why it is so important in our lives to do so.

I cannot and will not advise you what to do about your pledge. The stewardship committee will be giving excellent suggestions. But do this: think how some of your discretionary income could go to the church, think how you can stretch your budget to include a bit more for the church, think how good it feels to be generous. Winston Churchill's famous quote "we make a living by what we get, but we make a life by what we give" is inspirational for us all. I also love the lesser known quote from Hada Bejar "the fragrance always stays in the hand that gives the rose." Let our roses for 2020 - 2021 be beautiful, bountiful, and fragrant.

COME TOGETHER :: Love Your Church.

In love and leadership,

**Caroline Sullivan**

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## 2020-21 Stewardship Campaign

(continued from page 6)

**February 9: Kick-off Sunday** with special music, member reflections and homily, and donut holes during coffee hour.

### **February 16: Giving Sunday**

This day will be exceptional! Outstanding music including the choir; special story for all ages, heartfelt reflections, and collections of pledges. Master Chef Robey will prepare a delicious lunch, shared in the sanctuary. Child care available in the nursery for those who need it.

Stewardship Committee: **Holly Hanauer, Nan Barber, Bea Sousa, Katie Frederick**

**COME TOGETHER :: Love Your Church**

**Increase Your Pledge**

A board member recently suggested that I write a "guest column" for the Unigram - after seeing something I had written in a Facebook Group that is set up for discussing things about our church. OK - I'll try - although - with a 300 word limit - it is hard to get very far into anything.

Everyone always wants "change" - but no-one ever wants to give anything up. How's that going to work?

Yes - our current settled minister has resigned - and is now our "outgoing minister" - but what else has really changed?

We need to rethink - and really retool ourselves - not just keep doing what we have always done - or simply implementing existing processes.

If we really want to Practice Inclusivity - we have to stop Excluding People.

We are not going to be able to include every belief that any member might have - it is just too much. So - how about we figure out what beliefs we really ALL Hold - and make our church be about that. We need to be thinking about consensus — and really asking ourselves what do we ALL REALLY AGREE ON - and base our church on that stuff. (That list is going to be stuff like: Community — Love - Respect - Service - and stuff like that — probably.)

Make no mistake - consensus is difficult. We have to come up with ideas - and beliefs - that we ALL agree on — not just 50% plus one vote. But if we really want to include everyone - we have to quit hitching ourselves to things that we don't all share - and focus on the stuff that we DO all share. It can't be that hard. But - people will have to give up things if we are going to see real change. Are we in it for everyone - or not?

~ **Steve Robert**

## Sharing Gratitude

When worship plans for the Dec 29 service (Rev Seth's Sunday away) fell through just before office deadlines, several worship associates came through to save the day. **Iris Chalk** skillfully managed the advance work during finals week, and **Diane Hill** stepped forward with help from **UUCM President Caroline Sullivan** (on WA sabbatical this year) to present a meaningful service on "Letting Go." Thanks for all you do. **Bea Sousa, WA co-chair**

Warm thankyou indeed to everyone who graciously donated to UUCM's Mitten Tree. Many of the items were lovingly hand made. You generously gave over 50 winter weather items to The Deacon's Pantry at St. Lawrence Church. **~Julie Fritz**

I wish to thank everyone who helped create our magical **Age of Reading** archway for **Lilly Adams, Mira Carrier-Ladd, Grant Enos, Riley Kaplan, and Emily Mixon** to walk through on Sunday, January 19! Our archway volunteers were: **Jamie Butterbaugh, Katie & Bill Frederick, Melanie Hanser, Diane Hill, Jane & Wayne Meyer, Mary & Kirk Robey, Bea & Lynn Sousa, Caroline & Mike Sullivan, and Katie Williams**. Also, many thanks to **Bill & Katie Frederick** for donating their bookmark and book Patches and the Delightful Dragon Day as a gift to our Age of Reading participants. **~Nadine Tringali**



*If you have a gratitude you'd like to submit for the next Unigram, please send it to [uucm@uuchurchmuncie.org](mailto:uucm@uuchurchmuncie.org), subject line "Sharing Gratitude."*

***At times our own light goes out  
and is rekindled by a spark from  
another person. Each of us has  
cause to think with deep gratitude  
of those who have lighted the  
flame within us.***

**~Albert Schweitzer**

## Wheel of Life



**Jim Vincent** is happy to announce his marriage to **Karla Costen**. They will be living in Jim's home on E. Charter Drive. They were married at our church on December 30th - which happens to be Karla's Birthday. Karla is a native of Kassel, Germany. She married an American GI and came to the United States in 1959. She lived in St. Louis for many years until she moved to Cincinnati, Ohio to be close to her daughter. Jim and Karla met through a dating site last May. Jim will continue to be a member of our church.

**Elsa Reichle**, a UUCM member for over 60 years, passed away on December 30. Her love for life and for the people around her is warmly woven into our community and traditions. Though a deeply felt loss, our memories of Elsa fill us with joy and inspiration.

*If you have a major life event you'd like the church community to be aware of, please submit it to [uucm@uuchurchmuncie.org](mailto:uucm@uuchurchmuncie.org) and note "Wheel of Life" in the subject line.*

## February 2020 UUCM Calendar

Online calendar: <http://www.uuchurchmuncie.org/members/calendar/>

### Regular Weekly Events

|                                                 |            |          |
|-------------------------------------------------|------------|----------|
| Adult Discussion Group                          | Sundays    | 9:30 am  |
| Worship Service                                 | Sundays    | 10:45 am |
| Religious Exploration for Children & Youth      | Sundays    | 10:45 am |
| Youth Group                                     | Sundays    | 12:30 pm |
| Stewardship Committee                           | Mondays    | 2:00 pm  |
| Body Life Dinner                                | Tuesdays   | 6:00 pm  |
| Choir Rehearsal                                 | Tuesdays   | 7:30 pm  |
| Revival Hour (see online calendar for location) | Wednesdays | 5:30 pm  |

### February Events & Activities

|                                         |           |        |          |
|-----------------------------------------|-----------|--------|----------|
| Puerto Rico Presentation                | Sunday    | Feb 2  | 12:15 pm |
| Worship Associates                      | Wednesday | Feb 5  | 7:00 pm  |
| Roots & Wings :: New Member Class       | Sunday    | Feb 9  | 12:15 pm |
| OWL 7-9                                 | Sunday    | Feb 9  | 2:15 pm  |
| Social Justice Committee                | Monday    | Feb 10 | 7:30 pm  |
| Pastoral Associates                     | Tuesday   | Feb 11 | 4:15 pm  |
| OWL K-2 Information Session             | Tuesday   | Feb 11 | 6:00 pm  |
| Board of Trustees                       | Wednesday | Feb 12 | 6:30 pm  |
| Choir Rehearsal                         | Sunday    | Feb 16 | 9:45 am  |
| New Member Signing Ceremony             | Sunday    | Feb 16 | 10:15 am |
| Adult Discussion Committee              | Sunday    | Feb 16 | 12:15 pm |
| OWL K-2 Orientation                     | Tuesday   | Feb 18 | 5:30 pm  |
| Unigram Submission Deadline             | Wednesday | Feb 19 | 9:00 am  |
| Program Council                         | Wednesday | Feb 19 | 7:00 pm  |
| Committee on Ministries                 | Thursday  | Feb 20 | 7:00 pm  |
| OWL 7-9 Overnight                       | Saturday  | Feb 22 | Noon     |
| Sack Lunches for Soup Kitchen of Muncie | Sunday    | Feb 23 | 9:30 am  |
| OWL K-2                                 | Tuesday   | Feb 25 | 6:00 pm  |
| Film Discussion Series                  | Thursday  | Feb 27 | 7:00 pm  |

### Judge to Discuss Indiana's Red Flag Law

The Honorable Marianne Vorhees, Judge of Circuit Court 1 in Delaware County, will discuss Indiana's Red Flag Law on Sunday, February 2, at 3 PM at Kennedy Library in Muncie. The program is sponsored by Muncie Moms Demand Action for Gun Sense in America and is free and open to the public.

Some background: In 2005 Indiana lawmakers passed a law officially known as *Proceedings for the Seizure and Retention of a Firearm*. The law is often referred to as extreme risk protection order (ERPO), Red Flag Law or the Jake Laird Law. Many citizens are unaware of this law that authorizes courts to issue a special type of protection order, allowing the police to temporarily remove firearms from people who are deemed by a judge to be a danger to themselves or to others.

Often the request for the order will come from friends or relatives concerned about a loved one who owns one or more guns and has expressed suicidal thoughts or discussed shooting people. Law enforcement may also request a Red Flag order. To understand how this law works, join the discussion on February 2nd.

The program is neither sponsored nor endorsed by Muncie Public Library.

# UUCM Staff & Leadership

## Staff

**Rev. Seth Carrier-Ladd, Minister**  
[seth@uuchurchmuncie.org](mailto:seth@uuchurchmuncie.org)

**Rev. Julia Corbett-Hemeyer, Community Minister**  
[julia@uuchurchmuncie.org](mailto:julia@uuchurchmuncie.org)

**Nadine Tringali, Director of Religious Education**  
[nadine@uuchurchmuncie.org](mailto:nadine@uuchurchmuncie.org)

**Christie Williams, Office Administrator**  
[christie@uuchurchmuncie.org](mailto:christie@uuchurchmuncie.org)

**Dr. James Helton, Director of Music**  
[jim@uuchurchmuncie.org](mailto:jim@uuchurchmuncie.org)

**Rev. Elizabeth Carrier-Ladd, Coordinator of Youth Programs**  
[elizabeth@uuchurchmuncie.org](mailto:elizabeth@uuchurchmuncie.org)

765.288.9561 | [uucm@uuchurchmuncie.org](mailto:uucm@uuchurchmuncie.org) | [www.uuchurchmuncie.org](http://www.uuchurchmuncie.org)

Office Hours: Monday 1:00 – 4:00 pm | Tuesday 9:00 am – 2:00 pm | Wednesday – Friday 9:00 am – 4:00 pm

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