



# the UNIGRAM

## History Matters

*Rev. Dr. Barbara Coeyman, Interim Minister*

Many readers of this newsletter have heard me talk about the importance of history. The record about the past informs the present and grounds visions for the future. History matters in so many arenas of life: in our understanding of national politics, in knowing our family and biological ancestors, in realizing humans’ relationship with Mother Earth over the centuries. History matters to me personally: building on my previous career as a music historian, I now engage in study and writing of the history of Unitarians, Universalists, and Unitarian Universalists, and I enjoy exploring my own family history. History is both the information --- the data --- about the past, and our interpretation of that data. To that, history is constantly evolving, as we uncover new information about people and events, and as we interpret that information through new social and cultural lenses. History helps to define our own constantly-unfolding identities and to understand the identities of others.

History is also central to congregational life. Most UU congregations include information about their history on their websites. More and more congregations are responding to the call to write more extended histories, published in print and digital formats, in many styles and with many

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## The Second Half of Life

*Rev. Dr. Julia Corbett-Hemeyer, Community Minister*

I’ve been reflecting quite a bit lately on aging. In part, it’s because... well, I’m old, on the brink of being 76. It’s also because I’ve had to sort out for myself what it means, how it *is*, for me to be old, apart from the pain, fatigue, and mobility issues that have plagued my life for the last several years and which are now resolving. And the UU church in Hendricks County, Indiana, recently asked that I address the topic of aging with them, which I will have done by the time this is published.

Our culture defines successful retirement as an active lifestyle. While retirement often marks stepping down from the career or vocation that has occupied and supported us through earlier years of our life, it has

come to mean, at least for many people, stepping into a life that is just as active, just as *externally* focused. It often means taking up civic and other responsibilities that we have not had time to carry out while working (e.g. serving on UU committees and boards of trustees!), perhaps embarking on a second career path, or assuming increasing care of grandchildren and sometimes aging parents or other relatives.

Clearly, the predominant model of “successful” retirement in US is engagement with society & culture, volunteer service, civic engagement. The term “successful retirement” itself reflects a continuing goal orientation.

There are models that suggest quite a different possibility; I want to look at two of these here. They

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## Sunday Mornings at Our (Virtual) Church in the Woods

Online Service at 10:45 am <https://bit.ly/UUCMSundayService>

Every summer Worship Associates plan and manage worship for the seven weeks the minister is away on vacation and study leave. This year WA returns to World Religions as a summer theme, inviting five scholars and activists to share their experience and perspective.

We begin the summer with our traditional **American Documents** service on July 4 with **Brandon Mundell**. Each year Brandon selects a different group of American documents for our reflection.

July 4: **E-Pluribus Unum (Out of Many, One)** Join us for a service exploring how our country has, and still defines, the “truths we hold self-evident,” through a review of selected historically significant speeches, songs and writings, that may help us to understand more about our country, the United States of America, its struggles and triumphs with living up to the ideals that we profess to believe in as a nation and how these relate to our beliefs as Unitarian Universalists both historically and in the present day.

July 11: **Buddhism** with Rev. James Ishmeal Ford, American Zen Buddhist priest and retired UU minister. Rev. James will be zooming in from California. UUCFortWayne is joining us and providing all of the music. (Jim is away July 11 and 18.) Hint: check out Rev James in advance. <http://www.jamesishmaelford.com/>

July 18: **Historical Jesus** (our window into Christianity) with Dr. Perry Kea, nationally recognized historical Jesus scholar with the Westar Institute, a non-profit, educational institution dedicated to advancing religious literacy. <https://www.westarinstitute.org/> Dr. Kea is retired from the University of Indianapolis. UUCFW joining us again, as is UUCTC (aka West Lafayette), whose musicians are providing all the music. Many UUCM attendees will recognize Michael and Denise of *Traveler’s Dream*.

July 25: **Baha’i** with Dr. Johanna Wu. Dr. Wu is a consultant in organization development and human resources management. She has served in a number of Baha’i capacities locally, nationally and internationally. For a head start, go to <https://www.bahai.org/beliefs/>

August 1: **Islam** with Dr. Joel Tishken. Joel was UUCM intern minister in 2017-18 and served as our sabbatical minister in the spring of 2019. Joel has a PhD in history and has studied Islam over the years. <https://en.wikipedia.org/wiki/Islam>

August 8: **Paganism** with Rev. Amy Beltaine. Rev. Amy will zoom in again this summer from Portugal. A UU minister, Rev. Amy describes herself as a Spiritual Director and nearly life-long earth-honoring Process Panentheist. To learn more about her, check out <https://www.amybeltaine.info/>

August 15: Wrapping it all up. Our own Rev. Julia, with "The Dance of Difference: Humankind's Religious and Spiritual Paths." If you are interested in a review of world religions, check out [https://www.youtube.com/watch?v=m6dCxo7t\\_aE](https://www.youtube.com/watch?v=m6dCxo7t_aE).

Worship Associates is deeply grateful to **Rev. Barbara Coeyman** and UUCM member **Paul Stout** for their help in identifying speakers for this series.

### Religious Education for Children & Youth

**Outdoor RE Summer Program: July 3 through August 28, 10:30-noon**

We are looking forward to getting together outside this summer! Looking through the lens of our UU Principles, we will meet on *Saturdays* at UUCM from 10:30 am-noon. See page 3 for details.

### Adult Religious Exploration

**Adult Discussion Group**  
Every Sunday, 9:30 am  
Via Zoom

This group is a chance for people with various personal beliefs to get together and openly discuss a variety of topics. You’ll find weekly topics and a Zoom link listed in the eBlast each Friday.

## Religious Education Corner

*Nadine Tringali, Director of Religious Education*

### Outdoor RE Summer Program

**July 3 through August 28, 10:30-noon**

We are looking forward to getting together outside this summer! Looking through the lens of our UU Principles, we will meet on *Saturdays* at UUCM from 10:30am-noon. *Social distancing and masks are required.* In the event of inclement weather we will meet inside the building in the multi-purpose room.

Saturday, July 3 – **Flowers and Pots** with Susan

Saturday, July 10 – **Diversity Centers** with Nicole

Saturday, July 17 – **Group Games** with Nicole

Saturday, July 24 – **Chalk Art/Bubbles/Paper Airplanes** with Nadine

Saturday, July 31 – **Nature Art** with Amy

### Summer Vacation

I am on vacation July 1 - August 1, except on those Saturdays in July when I will be leading the Outdoor RE Summer Program.

*Nadine*

## Youth Events

*Nicole Kaplan, Coordinator of Youth Programming*

Youth Group meets most Sundays from 1:30 - 3 pm on Sundays in Zoom Room #2

<https://zoom.us/j/5150188364>

Passcode UUcm#1859

### Summer Schedule

Saturday, July 3, 2-4:00 pm – Water fight at UUCM

Sunday, July 11, 1:30-3:00 – Jackbox Games on Zoom

Saturday, July 17, 6:30-8:30 – Pizza Party on Zoom

Sunday, July 25, 1:30-3:00 – I Dissent (game) on Zoom

Sunday, August 8, 1:30-3:00 – Back-to-School party at UUCM

Please watch for emails as the summer progresses.

There will be questionnaires and forms regarding the upcoming calendar for the 21-22 school year.

I will be on vacation from July 29th through August 3rd and will not be reachable by email.

Have a wonderful summer! I hope to see you around!

*Nicole*





## Splinters from the Board

*Benjamin Strack, President*

Welcome to our annual leadership transition, within a transition of transitions in the congregation. I'm so thankful for the outgoing guidance from **Caroline Sullivan**, finishing her 3-year presidential experience on the board and **Emily Wornell** for leading us this past year through a new minister and a global pandemic. I look forward to her continued support and leadership in the coming year. I'm also thankful to be joined by **Steve Chalk**, and I look forward to seeing and supporting his journey for the next 3 years. Whenever I see huge systemic transition, I'm always brought back to the philosophical question of Caterpillars: when they build their cocoon and begin their transition, are they aware of what they will become? It is easy enough to focus on being trapped in a shell, or self-aware that bodies are turned to mush, but can they envision what they can become?

For those who don't know me, I want to take a moment to tell you a little about myself. I'm originally from Western Michigan, and called that my home through my undergrad and working for almost 6 years in broadcast TV news as a photojournalist and satellite engineer. On my weekends, I worked on small independent film sets in the community. Filmmaking is what I then pursued in a 3-year M.F.A. program in Rochester NY, before moving to Muncie in the summer of 2017. I grew up in a loving and liberal United Methodist community, but grew distant from the beliefs in my late teens. I began attending my first UU church in Rochester with my partner, Jennifer, who many of you may also know. One of my biggest and most recent defining moments was two years ago, when I was first diagnosed as an adult with ADHD. I've long known that I wasn't necessarily neuro-typical, but I have found so much comfort and guidance in simply being able to label and identify my "different". I deeply enjoy music, and my latest amateur dive has been into woodworking. Most obvious, you might be aware of my 3-year old daughter, Madison, who you can thank for a great deal of the messaging from me this year coming from children's programming.

I wonder about what false narratives we tell ourselves as a community. Madison upgraded from a crib to a toddler bed for her third birthday this winter but generally won't get in or out of the bed without a parent there to give permission, just as it would have been with her crib. There is a similar parable about elephants being held in place by a small rope that I'll let you look up on your own time. I wonder what are the false beliefs or limitations we hold onto because of the past, and how are these holding us back from exploring a limitless future? I think of this as the 'wings' of our intentionality around 'roots and wings'.

And so, what about the 'roots'? What makes you feel a part of this community? What have you done recently to grow more or deeper root systems? I think we're at a defining moment in our community, to see that it's not a building or a name or a belief system that holds us together – it's our interdependent web of interpersonal relationships. We are creating more options than ever to form new and deeper relationships, through Circles of Trust programs, Soul Matters small group ministry, returning and perhaps new affinity groups, and other systems of connection that we may have lost in recent years or through the pandemic. What new roots are you willing to let grow this year? How many connections hold you to this community?

I probably ask more questions than give vision here, but I think this will also be a year for introspection as a community, so I welcome such questions. I encourage you to consider the roots that hold you here, the wings of possibility from a community not being held back, and I ask that you envision the butterfly of this congregation – envision this community in 10 years; how it could thrive, how it could grow, and how it can be a home to anyone.

In loving service,

**Ben**

## July Dedicated Offering: Red-tail Land Conservancy

The relationships we build with the land are sacred. Whether we chase fireflies and climb trees or simply watch birds flutter around a feeder, there is a unique feeling of wonder inspired by the wild. Essential to those glorious experiences is nature itself.

As the pace of development and climate change races forward, forests, prairies, wetlands and waterways are endangered. Red-tail Land Conservancy works locally in east central Indiana to preserve, protect, and restore vital habitats where people and wildlife thrive.

Red-tail Land Conservancy is a nonprofit land trust that was founded over 20 years ago by a small group of people from diverse backgrounds whose common love of nature galvanized them into action.

Since then, 41 different habitats across east central Indiana have been preserved forever. Trees that have seen a century will be home to generations of birds for years to come. Tallgrass prairies will have time to grow into oasis for migratory birds.

A total of 2,800 acres of land, home to over a thousand plant and wildlife species, have been protected thanks to the habitat heroes that support Red-tail's work. All this is possible because of the work of volunteers, the financial support of individuals, businesses, and foundations, and the conservation mindset of landowners.

Ten of these protected places are public nature preserves where you can hear woodpeckers drilling on an old tree, watch a monarch butterfly sipping on the nectar of wildflowers, or skip a stone along the river's surface. You can take your children, or your own inner child, out to look for things to do. Copies of our trail guide which display miles of trails to discover can be found on our website and your local library.

In addition to providing places to explore, Red-tail offers both youth and adult nature education. Our Wildlife Warriors are young explorers who work with conservation professionals to learn environmental sciences and critical thinking through fun outdoor activities. Red-tail also runs the Indiana's Master Naturalist adult education program in Muncie.

Conservation practices were part of the everyday culture for indigenous people living in this region; however, it is a relatively new practice for the descendants of European settlers. East central Indiana is so much more than farm fields and brownfields. We have a rich landscape of beautiful places.

Preserving these critical habitats is only part of restoring the land so wildlife can thrive. Red-tail's Growing Home habitat certification program encourages transforming yards and gardens into pocket nature preserves. By planting native species that support and attract birds, bees, butterflies and other wildlife, we can create a patchwork quilt of connected greenspace across east central Indiana.

By protecting and restoring the dynamic vitality of forests, prairies, and wetlands, Red-tail Land Conservancy plans for a future where the natural beauty and unique habitats of east central Indiana will exist for generations to come. In supporting Red-tail, you are joining a community working to preserve all living things. We are with you, for the land.

Discover trails, learn more about conservation, and support Red-tail by visiting [www.fortheland.org](http://www.fortheland.org).

You can donate via text during the Sunday service on July 11 or 18, or mail a check to the church office and note "Red-Tail" on the memo line.

## History Matters

**Rev. Barbara Coeyman** (continued from page 1)

approaches. Preparing congregational histories help our faith communities discern who they are and their visions for the future. Clearly congregants of UUCM know well its founding as a Universalist Church in 1859 and its proud history as a mainstay of Universalism in Indiana before the merger with Unitarians in 1961.

History is central to the transitioning work of interim ministry that UUCM is currently pursuing. Indeed, the first Focus Point of Interim Ministry invites a transitioning congregation into: "Claiming and honoring its past and engaging and honoring its griefs and conflicts." As this Focus Point says, in the act of articulating events of the past, a congregation can work through, name, and better understand clearly its griefs and conflict, as well as its joys and celebrations. Indeed, work on this first Focus Point grounds how a congregation pursues the second Focus Point, which calls a congregation into: "Recognizing its unique identity and its strengths, needs, and challenges." Clarity about strengths as well as needs of the past informs a congregation's visions for defining future needs and activities.

In this Unigram message I want to explain two history projects which I recommend UUCM pursue in the coming church year. The first of these projects is a History Timeline. The Timeline is both a physical object --- a physical representation of the history of UUCM, a chronology written on butcher block paper posted on easily accessible wall space for all to see --- and a method of bringing congregants together to discuss and discern their personal memories of this congregation. In this upcoming second year of interim ministry the UUCM Transition Team and I will work together to lead the creating of the physical Timeline and to plan workshops and conversations to discuss personal memories. The monthly theme in the Soul Matters program in November is "History," and we will aim to schedule Timeline activities in that month. We ask you to stay tuned as we lay groundwork for this project. We also ask you consider volunteering: there will be many ways to help. Contact me at [barbara@uuchurchmuncie.org](mailto:barbara@uuchurchmuncie.org).

A second history to lay groundwork for here is the writing of a congregational history of UUCM. By

"congregational history" I mean something in print or digital more detailed than a brief website history. Congregational histories of UUCM have been written in the past. It's time for a new history, to include events of the past decades and to update perspectives on the story of this congregation. As UUCM looks to future ministry, a new, updated congregational history will go a long way to inviting interest from ministerial candidates and helping future ministers know this congregation better.

Our communities produce congregational histories for many reasons. Often an anniversary year can be a focal point to update the record of the past. This seems to have been the reason for the last in-depth history of UUCM, written for the 125<sup>th</sup> anniversary. Congregational histories may also commemorate significant events, such as a new building or milestones in ministry. Congregational histories explore a congregation's internal identity as well as its presence in the wider community. Many readers will be interested in a new history of UUCM: congregants themselves, the wider community of Muncie, readership throughout the entire Unitarian Universalist Association. The Muncie Universalist Church was central in the growth of Universalism in Indiana and UUCM remains one of the few surviving historically Universalist congregations. Additionally the story of relationships between the Ball family and Universalism in Muncie is an important yet little-known partnership between a major American industry and our liberal heritage. UUCM has a proud history to celebrate.

There is much guidance available to Unitarian Universalists to create congregational histories. About ten years ago I laid groundwork with the UU History and Heritage Society:

<https://uuhhs.org/congregational-history-project/>.

More recently other colleagues have continued to update guidelines. Our very own MidAmerica Region of the UUA supports a congregational history project for this region, under the leadership of volunteer Victor Urbanowicz and posted on the website of Meadville Lombard Seminary:

<https://www.uua.org/midamerica/history;>

<https://www.uua.org/midamerica/history/congregational-history>. This website includes a database of the

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## History Matters

**Rev. Barbara Coeyman** (continued from page 6)

many histories of congregations in MidAmerica produced to date under this initiative: <https://meadville.libguides.com/onlinehistories>. Wouldn't it be great to add UU Muncie to the Indiana list! (To find a congregation's history, click the MidAmerica Region tab, scroll down, click the name of the state where the congregation is located.)

As a UU historian, I can mentor and advise the writing of a new UUCM history, but my responsibilities as minister mean I cannot do the work myself. I invite anyone keen on searching for data in libraries and archives, in planning and organizing project, in writing and publishing, and more, to consider getting involved in creating UUCM's next congregational history.

See you in virtual church!

**Rev. Barbara**

## The Second Half of Life

**Rev. Julia Corbett-Hemeyer** (continued from page 1)

come from vastly different cultures and historical times, but in many ways are remarkably similar. The first comes to us from classical Hinduism. The second comes from the work of Swiss psychiatrist Carl Jung. It's worth pointing out that all these models have a strong normative bent. They are not simply descriptions, but *prescriptions*.

Classical Hinduism over time evolved an understanding of the proper course of human life. During the first two stages of life—the student and householder stages—we interact with the world, make our place in society, and raise a family. The goals appropriate to those stages are pleasure, worldly success, duty, and the recognition that comes with doing good along with doing well. It's important to understand that these are appropriate and good, but also deeply flawed and unable, in the long run, to bring us the satisfaction we seek because they cannot fulfill our desire for the infinite.

The stages that belong to the second half of life—retirement and renunciation—mean stepping back from engagement with the world with its obligations and rewards in order to focus on the call of the divine within. For some, this can mean a total separation from their

prior life and identity to become a hermit whose life revolves around meditation.

Swiss psychiatrist Carl Jung also believed that the first and second halves of life bring with them specific developmental tasks. While the developmental tasks for youth through midlife involve turning outward and engaging life, the goal for the mature individual is to consolidate a cohesive personality by integrating the conscious and the unconscious dimensions. As Jung put it, the “first half of life is devoted to forming a healthy ego; the second half is going inward and letting go of it.” In the first half of life, we develop and strengthen our ego. In the second, the ego gives itself to the service of the much more expansive Self.

In the second half of life we discover that it is no longer sufficient to find meaning in being successful or healthy. We need a deeper source of purpose and meaning. Jung said it well: “We cannot live the afternoon of life according to the programme of life's morning—for what was great in the morning will be little at evening, and what in the morning was true will at evening become a lie.”

For Jung, that source is authentic religious experience. Authentic religious *experience* is not the *idea* of the transcendent. It's what our first Source refers to: the “direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces that create and uphold life.” It's reflected in religion, in spirituality, in humanism, the arts, literature, science, the natural world and the call for social justice, and in many other ways.

While dipping back into Jung's work recently, I came across a description of the stages of life in terms of four archetypes I had not seen before. Each stage has its archetype, which both describes and empowers it.

In the athlete stage we're preoccupied with our body, how it works, how it looks, how others perceive it. This is what leads people to try out all manner of lotions, potions and procedures to remain looking and feeling young and conforming to the predominant cultural idea of what it is to be young (that is, not-old).

In the warrior stage, we want to go out and make our mark, secure our place in the world, to achieve. It's very goal-focused.

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## The Second Half of Life

**Rev. Julia Corbett-Hemeyer**

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Then comes a time when we realize that our achievements thus far, significant as they may be, are not enough. We start looking for ways to make a difference in the world, for ways to serve those around you. We seek to give back. Jung labeled this archetypal stage the statement stage.

We realize that money, power, possessions etc. are a part of our life but no longer with the same value as before. We receive them, we accept them and we're grateful, but we're also ready to let go of them. We begin to detach from those things because we're now in a different stage of life and know there is more to life. Our focus turns to a life of service. We hope to leave this world better than it was when we arrived.

The fourth and final stage is guided by an archetype of Spirit if our ego can step back and allow it. We come to know that we are more than what we have accumulated—be it money, friends, possessions, good deeds, or milestones in life. The ancient Chinese philosopher Lao Tzu described this stage as “giving birth and nourishing, having without possessing, acting with no expectations, leading and not trying to control.”

As Unitarian Universalists, we have a unique gift as we age and are called by life to make the turn from outward to inward, from goals and planning and attaining, to openness to the world of the greater Self. We have the many sources from which our living tradition draws, and we're encouraged to embrace them as they speak to us. We affirm the inherent worth and dignity of each individual in whatever stage of life. We respect the free and responsible search for truth and meaning, each on our own terms, and we acknowledge the interconnected web of being that holds and nurtures us all. We're part of a community that supports and sustains us as we go through the significant transitions of our lives.

**Rev. Julia**

## Sharing Gratitude

Our daughter, Heather, had an extra-special birthday this year (6/6/21) because **Eleanor Trawick** came to our house and prepared an entire vegan dinner – and a vegan birthday cake – for her! And not only did *Heather* have vegan, all of us had new, scrumptious foods to try. Dishes were piled high and refilled. It was so much fun! Heather said it was the best birthday in a long time. Our heartfelt thanks to Eleanor for hours of work and for making it all possible through the service auction! We're so glad we purchased that one! *That vanilla cake was heavenly!*

*~Jan & Ron Moore*

Big thanks go out to the **select group of UUCM members and friends** who donated a total of \$2590 for the May Dedicated Offering (DO), the Solar Panels Project at Second Harvest Foodbank. (Note that for the nine months of July 2020 to April 2021, the average DO was \$618, with the largest single month's DO of \$1128.77.)

Moreover, look what happens when you add the donations, earmarked for this solar initiative, made DIRECTLY to Second Harvest by five more UUCM members, namely, **Annemarie Voss, Sue Errington, Kirsten Smith, and Jane Meyer & me**. That total comes to \$6,267.50. So as of this writing, the grand total for our congregation's generosity and commitment to this vital cause is \$8,857.50. That is 23% of Second Harvest's goal of \$40,000, which is needed to double their present solar installation.

Fighting to mitigate the climate crisis in this way is indeed thoroughly interconnected to fighting other forms of oppression and injustice that are threatening us right now. For example, it's the global poor that get hit “first and worst” by global warming.

Here's another example. The June 20<sup>th</sup> service was led by Trevor Oakerson, a leading LGBTQ+ advocate. After Zooming into that service, Wesley Rice-Snow, my 18-year-old, Methodist, gay friend wrote to me, “Climate change is absolutely a queer issue, a Black issue, a poor persons' issue, and a factor in all people's present and future.”

Finally, “gratitude in advance” goes out to **all other UUCM members and friends who will join this campaign**. Please! It's NOT too late. Visit [www.curehunger.org/green/](http://www.curehunger.org/green/) and click on “Donate a Panel!” and you'll be on your way.

As the last line of that grand hymn says, “Life calls us on!”

*~Wayne Meyer*

*If you have a gratitude you'd like to submit for the next Unigram, please send it to [uucm@uuchurchmuncie.org](mailto:uucm@uuchurchmuncie.org), subject line “Sharing Gratitude.”*



## July 2021 UUCM Calendar

Online calendar: <http://www.uuchurchmuncie.org/members/calendar/>

### Regular Weekly/Monthly Events

Check the eBlast for links to these Zoom meetings and more.

RE Outdoor Gathering – see page 3 for schedule	Saturdays	10:30 am - noon
Adult Discussion Group	Sundays	9:30 am
Worship Service	Sundays	10:45 am
Youth Group – see page 3 for schedule	Sundays	1:30-3:00 pm
Board of Trustees	2 <sup>nd</sup> Wednesday	6:30 pm

### UUCM Summer Schedule

Summer the UUCM office hours in July.

**Monday**

1:00-4:00 pm

**Tuesday-Thursday**

9:00 am – 4:00 pm

**Closed Fridays**

### July Meetings & Events

Check with committee chairs or church office for Zoom links

Youth Group – Water Fight	Saturday	July 3	2-4:00 pm
Church Office Closed	Monday	July 5	
Transition Team	Monday	July 5	7:30 pm
Pastoral Associates	Tuesday	July 13	4:00 pm
Board of Trustees	Wednesday	July 14	6:30 pm
Committee on Ministry	Thursday	July 15	7:00 pm
<b>Church Office Closed July 16- 25</b>			
Program Council	Wednesday	July 21	7:00 pm
Worship Associates	Wednesday	July 28	7:30 pm

The office will be closed July 16-25 for summer break.

Items for the eBlast are due by 9:00 am each Thursday.

Please use the [Publicity Form](#) to submit your announcements. Articles for the August *Unigram* are due July 26. Please send as attached Word docs to [uucm@uuchurchmuncie.org](mailto:uucm@uuchurchmuncie.org).



### Pastoral Care

As our world begins to reopen and we begin to venture out into it, let's pause and give ourselves time to do so at a speed that's comfortable for us. Let's take time to clarify what is truly meaningful for us at this time. Rather than rushing headlong into a welter of doing, remember to take time to simply **be**. The facilitator of a workshop I attended recently put it memorably: "Don't create a beast you cannot feed."

~Rev. Julia

## UUCM Staff & Leadership

### Staff

**Rev. Dr. Barbara Coeyman, Interim Minister**  
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### Board of Trustees

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Summer Office Hours: Monday 1:00 – 4:00 pm | Tuesday – Thursday 9:00 am – 4:00 pm

## Unitarian Universalist Church of Muncie

4800 West Bradford Drive  
Muncie, IN 47304

